DISCLAIMER

This website is for informational and educational purposes only. It does not constitute a therapist-patient relationship between you and Sarah Elaine Zimmerman, LCSW. The therapeutic relationship occurs when there is a professional agreement which would include your signature on documents including: Informed Consent, HIPAA Privacy Policies, Practice Policies and Payment Information. This site does not provide specific healthcare advice for the individuals visiting the site to consider services. I make every effort to ensure that the information provided is complete and accurate. Please understand though, that the field of mental healthcare is a constantly changing science and art. Further, different psychotherapists have different approaches. I am simply presenting my professional views on therapy, based on evidence from research or practice. I welcome any comments, suggestions, or correction of errors. By visiting this website, you agree not to use it as medical or mental health advice or to treat any medical or mental health condition in either yourself or others. Mental health conditions cannot be diagnosed, treated or cured without treatment and this website is not a substitute for consultation and services from a licensed healthcare professional. Information provided on a website cannot substitute for, and is not an alternative to, medical or other healthcare diagnosis and treatment when a medical or mental health condition or illness is present. Please seek services with a licensed provider for any medical or mental health issues that you may be having. Under no circumstances shall I be responsible for damages arising from the use of the information provided on this website.